



Polishing Your Competence and Confidence for Clinical Crises

Do you dread the thought of a "code" or other clinical crisis? The rarity of emergency events may diminish readiness by denial and reduced recognition of critical events as well as lack of team preparation.

Individual competence and confidence are essential elements which can be developed and nurtured. This workshop focuses on strategies aimed at increasing personal and professional capabilities in crisis situations.

Although this is a high-energy day, it is designed to be a gentle and non-threatening environment for nurses to...

- ...review their skill and preparedness levels
- ...learn strategies and techniques for coping with crises
- ...solidify knowledge about nursing actions in selected crises
- ...prepare to meet future crises with confidence and competence

Real cases from Deborah's extensive clinical experience provide the framework for the seminar. Participants are encouraged to bring their own cases to discuss!

Discussions will include:

- Elements of preparedness
- Facing crises effectively
- Development of personal confidence
- Crisis management: from the airlines to healthcare
- Effective documentation in a crisis
- Risk management at the bedside
- What all nurses need to know about ACLS (even if you're not ACLS- certified)



Contact Deborah to arrange a presentation for your group:
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